



# Portia<sup>®</sup> Polythene Vaginal Ring Pessary

PHARMACY PRODUCTS SINCE 1857

Medical device to treat symptomatic uterine prolapse in women.

Rigid Polythene, 50mm-100mm diameter, 7.5mm wall thickness.

Latex free, does not contain metal. No special storage conditions. Dispose as per local regulations.

Pessary sizing, fitting and replacement is carried out under medical guidance. Replace the pessary with a new one after a maximum recommended 6 months' use.

To Size - Measure the distance between the cervix or vaginal vault and the symphysis pubis to ascertain the correct size of ring pessary. A wipe clean Portia Sizing Guide is available from Bray Group.

Prior to Fitting - Examine and evaluate the patient's prolapse and vaginal walls.

To Fit - Slide the pessary into the vagina; it should sit between the posterior fornix and the symphysis pubis and not be loose.

**Contraindications** may include fitting discomfort, bleeding, ulceration, inflammation of the pelvis, infection such as vaginitis, patient non-compliance and delayed follow-up.

**Warnings** - If symptoms start to appear such as excessive vaginal bleeding, discharge, pain, irritation or any other side effect which may cause you concern contact the person who originally fitted the pessary, an alternative medical professional or the manufacturer. A pessary could make stress incontinence worse or unmask stress incontinence.

**Complications** may arise when replacement of the pessary is delayed or where self-management occurs without oversight of a healthcare professional.



Electronic instructions, videos and translations can be found at:  
[www.bray-healthcare.com/product/pessary-ring-rigid-polythene](http://www.bray-healthcare.com/product/pessary-ring-rigid-polythene)



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